

## **Pollaughan Green Policy**

Here at Pollaughan we do our best to look at all aspects of our business and our personal lives to do what we feel we can to help us on a road to a more sustainable way of life.

We are members of CoaST – the Cornwall Sustainable Tourism Project, for which Valerie is a Director. We were an initial member of their Ambassador programme giving our time to workshop days and business to business support to help and guide others who wish to follow a more sustainable business ethos.

We are also members of the Green Tourism Business Scheme which promotes Green Tourism nationally.

There are some things we have always done, some we have learnt about doing better and then there are things we'd like to do but for reasons of cost we cannot justify at the moment but on our 'wish list'.

**CLEANING, WASTE and RECYCLING** – With 5m visitors coming to Cornwall each year, to add to the 5000,000 who live here the landfill is severely under threat and do we really want to be burying all that rubbish..?

Its not just about what to do with our waste but more about trying both ourselves and with our visitors to minimise the amount of waste we produce to start with.

How do we do this... well, buying fresh and local is a great start and trying to veto pre-packed food where possible helps avoid all that polystyrene and plastic vacuum wrap which takes up so much space in the bin and requires all that energy to produce it to start with..... only to be thrown away ! Its sort of a no brainer really.

**Recycling** -We have a dedicated recycling area for plastic, cans, glass and cardboard so it's really easy peasy...We provide you with compost bin of request for all the veggie peelings and teabagsWe do provide a decent size jute bag for shopping in our local shop so do make use of it, to cut down on the carrier bags.

Batteries and CFL bulbs get disposed of separately.

We reuse wherever we can and make use of anything we can rather than see it land filled.

**Cleaners**-we only use environmentally friendly cleaners throughout the cottages and our home. As we are not on mains drainage our bio-digester cannot cope with high phosphate cleaners and leach is a definite no.

## **Water and Energy**

All our water is metered which is a great incentive to keep it under check and we would encourage everyone to think before they run that bath to the brim... and before they leave the tap running while cleaning their teeth... We harvest all our roof water and it feeds our wildlife lake.

We use low energy bulbs wherever we can, heating is available on demand but there are thermostats either in rooms or on radiators so it can be regulated to where it is needed.

We have oil fired central heating throughout our home and the cottages and as such they are beautifully warm and cosy in winter, but our fuel bills are kept in check by us having ensured we have lots of loft/roof insulation, double glazing everywhere except our old Farmhouse, and the addition of woodburners where possible.

## **Local Transport**

Getting out of the car and enjoying car free days allows you to really explore the beautiful environment here on the Roseland.

We are lucky here at Pollaughan to be served by a public bus that stops at the end of our drive and allows easy travelling to the coastal towns or the City of Truro from where there are ferry and rail links.

We often have visitors arrive by public transport and although it takes a little planning you can get about without use of a car especially if you plan to walk and explore this beautiful coastal area. If you are planning to holiday without a car do let us know before you book so we can talk you through the possibilities for you.

We can give you lots of local info on the ferries ,buses and also on bike here and cycle tracks.

We also offer our visitors subsidised tickets for travel on the ferry between St.Mawes and Falmouth and also on the king Harry chain link Ferry.

### **Local Shopping and Our Suppliers**

We always try to use local suppliers wherever possible in order to support our economy both here on our doorstep and wider afield in the county.

We make sure our visitors are informed of places they can source food from both farmers markets and farm shops all within reasonable proximity to here.

Our **HAND MADE SOAP** uses only natural ingredients and comes from Sarah at [www.sosoapy.co.uk](http://www.sosoapy.co.uk)

Our Cream Teas on arrival are made using **BODDINGTONS STRAWBERRY JAM** from Mevagissey and **RODDAS CLOTTED CREAM**

Our evening meals are sourced locally where possible with Duck from the **CORNISH DUCK COMPANY** at Grampond Road, Beef and Pork and veg **from LOBBS FARM SHOP** nr.HELIGAN or our local butcher and Lamb is usually our own.

### **Wildlife and Involvement in our local community**

We have 22 acres of meadows, two wildlife lakes and actively encourage a wide selection of flora and fauna to our site.

Over the last 6 yrs we have planted over 450 trees and we have produced a simple interpretation plan of what flora and fauna you can see whilst here.

We take all children on a farm walk each day to feed the animals and see what is around.

We are part of the RSPB Cirle Bunting Project which is reintroducing Cirle Bunting to the area.

We are also members of Cornwall Wildlife Trust, and also of the Roseland Transition Group.

We actively get involved during the winter months with the local monthly beach cleaning run by the National Trust